

**BODY DISCIPLINE IN THE MOVIE  
“TURNING RED”: FOUCALDIAN DISCOURSE**

**THESIS**

**Presented to Universitas Bina Darma  
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For the Degree of Sarjana Sastra (S.S)**

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**ENGLISH LITERATURE STUDY PROGRAM**

**FACULTY OF SOCIAL HUMANITIES**

**UNIVERSITAS BINA DARMA**

**PALEMBANG**

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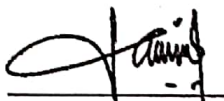
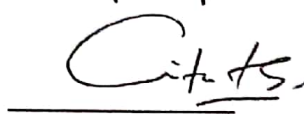

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Date : September 2, 2023

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## SURAT PERNYATAAN

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## MOTTO

**“Allah never burdens a servant except according to his ability”**

**(Q.S Albaqarah: 286).**

**"Indeed, with difficulty there is ease, so when you have finished with (a matter) still work hard (for another matter)"**

**(Q.S Al-Inshirah: 6-7).**

**“It’s fine to fake it until you make it, until you do, until it's true”**

**-Taylor Swift-**

## DEDICATION

I dedicate my thesis for:

1. Mrs. Prof. Dr. Sunda Ariana, M.Pd., M.M as the Rector of Universitas Bina Darma.
2. Mr. Nuszep Almigo, S.Psi., M.Si, Ph.D as Dean of the Faculty of Social Humanities.
3. Mrs. Dr. Fitria Aprilia, M.Pd as my head of the English Literature study program and also all of my lecturers of the English Literature study program.
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7. Author’s sister (Oktaria) and brother (Yosantara). Thank you for participating in the process of the author's education so far, Thank you for the enthusiasm, prayers, and love that are always given to the author. May we each have our great version.

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9. And last but not least, thanks to the author for being great at standing in the face of the twists and turns of life even though sometimes she is bored and wants to quit, Keep growing and developing and keep living no matter what, you are great Ga!

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Palembang, 20 Sept 2023

The researcher,



(Elga Triwulandari)

## **Abstract**

This research explores the concept of body discipline and its implications in the movie "Turning Red," focusing on the character Meilin Lee and her portrayal of female regulation. The research method used in this study is qualitative research. Specifically, the study uses descriptive research primarily focusing on describing the characteristics of the main character. For collecting the data, the researchers watched the Turning Red movie repeatedly and highlighted the issue related to the research problem through the dialogues and scenes in the movie. Meanwhile, in analyzing the data, the researchers classified and analyzed the types of body discipline and impacts on Meilin Lee through the lens of Foucault's theory. Then, concluded. The analysis reveals that family and social space significantly influence the constraints imposed on the main character, depicted as the Red Panda, transforming her behavior, resulting in anger or frustration, shock, and eventually acceptance. Through this research, the movie "Turning Red" serves as a platform to explore and highlight the effects of body discipline on individuals, particularly in the context of female regulation.

*Keywords: Body discipline, female regulation, Turning Red movie, Foucault's theory.*



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